

## CLAIMS:

1. A shingle comprising  
a shingle neck, and  
a shingle body,  
characterized in that  
a raised engagement and guide element (5) is disposed at the bottom side of the  
region of the shingle body (2) disposed remote relative to the shingle neck.
2. The shingle according to claim 1,  
characterized in that  
the raised engagement and guide element (5) exhibits such a raised engagement  
guide element (5) in the lower region of the shingle body (2), wherein the raised  
engagement and guide element (5) exhibits a female mold like undercut zone (6) in  
the direction of the body and disposed remote from the shingle neck, wherein  
correspondingly dimensioned male mold like undercut zones (7) are disposed at the  
two shingle shoulders (4).
3. The shingle according to claim 1,

characterized in that the width of the two shingle shoulders (4) corresponds in each case to about one half of the width of the raised engagement and guide element (5).

4. The shingle according to claim 1, wherein the shingle is a roof shingle.